



*Rick Warren, Pastor,
Saddleback Church,
California*

The Bible clearly states “all have sinned.” It is my nature to sin, and it is yours too. None of us is untainted. Because of sin, we’ve all hurt ourselves, we’ve all hurt other people, and others have hurt us. This means each of us need repentance and recovery in order to live our lives the way God intended.

You’ve undoubtedly heard the expression that “time heals all wounds.” Unfortunately, it isn’t true. As a pastor I frequently talk with people who are still carrying hurts from 30 or 40 years ago. The truth is - time often makes things worse. Wounds that are left untended fester and spread infection throughout your entire body. Time only extends the pain if the problem isn’t dealt with.

What we need is a biblical and balanced program to help people overcome their hurts, habits and hang-ups. Celebrate Recovery is that program. Based on the actual words of Jesus rather than psychological theory, our recovery program is unique, and more effective in helping people change than anything else I’ve seen or heard of. Over the years I’ve witnessed how the Holy Spirit has used this program to transform literally thousands of lives at Saddleback Church and help people grow toward full Christ like maturity.



*Mark Frost, Minister,
Trenton Church of
Christ, Michigan*

The Celebrate Recovery program was created to help people overcome life’s hurts, habits and hang-ups by providing a biblical and balanced program to help them deal with issues like abuse, addiction and anger through 8 principles based on the Beatitudes of the New Testament, and *12 Biblical Steps to Recovery*.

This program is distinctly Christian, uncompromisingly biblical, and proven to work within the church. It has clearly brought people together to discover a new level of care, acceptance, trust and grace. And, for those who seek to mature spiritually, making better decisions that will help them become Christ-like in character.

It is our prayer that you’ll find freedom from any of your life’s hurts, hang-ups and habits. You don’t have to do it on your own. In fact, trying to do it alone may only make it harder.

CHECK OUT CELEBRATE RECOVERY

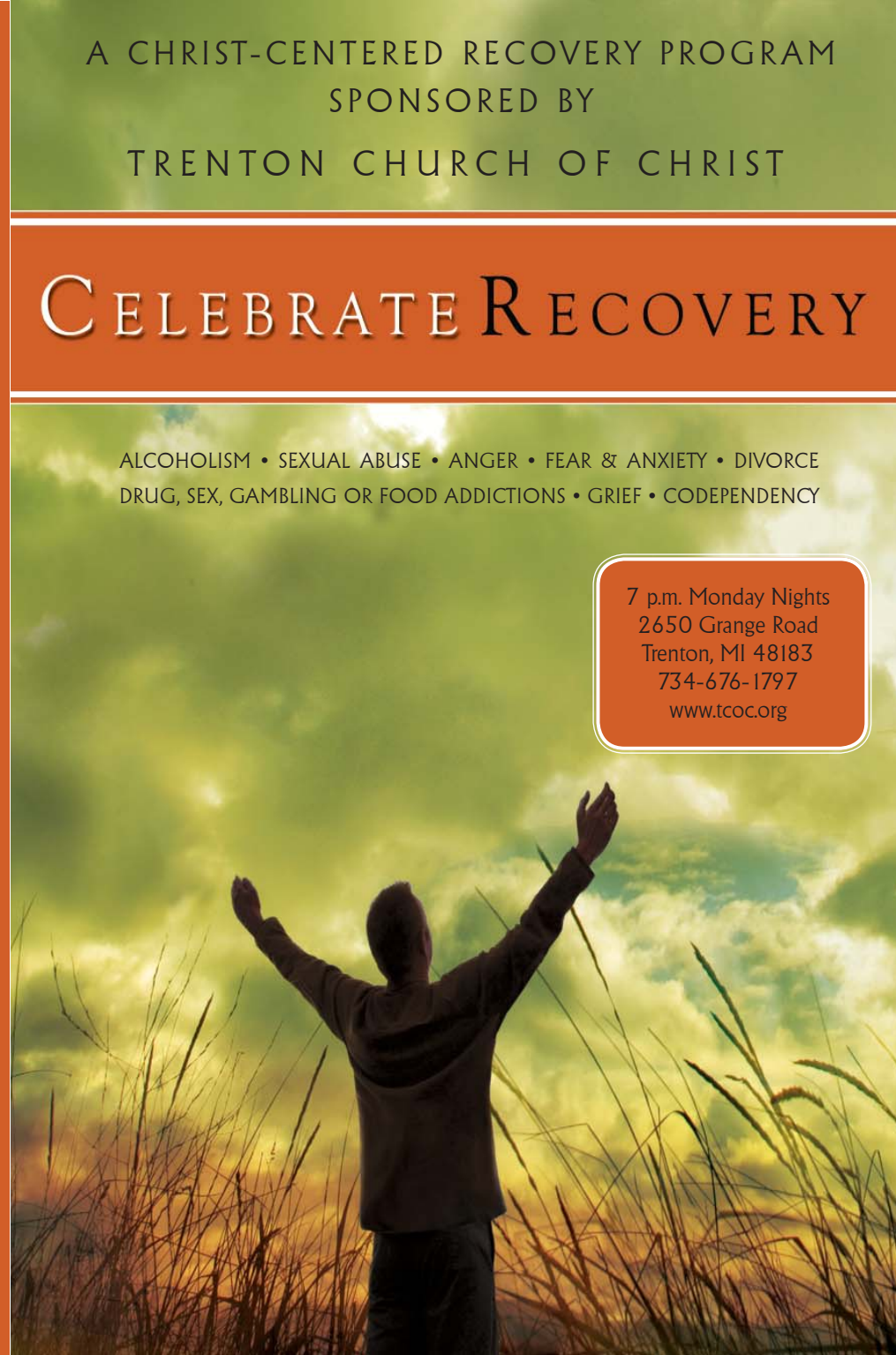
7 p.m. Monday Nights
2650 Grange Road
Trenton, MI 48183
734-676-1797
www.tcoc.org

A CHRIST-CENTERED RECOVERY PROGRAM
SPONSORED BY
TRENTON CHURCH OF CHRIST

CELEBRATE RECOVERY

ALCOHOLISM • SEXUAL ABUSE • ANGER • FEAR & ANXIETY • DIVORCE
DRUG, SEX, GAMBLING OR FOOD ADDICTIONS • GRIEF • CODEPENDENCY

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THE DNA OF TRENTON CHURCH OF CHRIST'S CELEBRATE RECOVERY® MINISTRY



1. Jesus Christ is the one and only Higher Power. The program is a Christ-centered ministry.
2. The Bible and Celebrate Recovery curriculum are used exclusively.
3. The ministry is group-based. To promote a safe environment, all groups are gender specific.
4. Guidelines for healthy groups, including anonymity and confidentiality, are implemented and followed every time.
5. We are accountable to Christ, the Trenton Church of Christ leadership, and the model of Celebrate Recovery.

WHAT HAPPENS AT A CELEBRATE RECOVERY MEETING?

The evening begins with a time of energetic, uplifting Praise and Worship. Next comes a time of teaching or testimony, where you can discover the biblical foundations behind the eight recovery principles and see them come to life in the struggles and victories of other people. Then come to our Open Share Small Groups, where you can be encouraged by others who are dealing with the same recovery issues as you are. The evening ends with a time of fellowship at our coffee bar, The Gathering Place.

"Welcome to the 'Road to Recovery.' You are in for an exciting and amazing journey as you take the hand of the true and only Higher Power, Jesus Christ, and walk with Him toward healing and serenity."

– John Baker, Creator of Celebrate Recovery

CELEBRATE RECOVERY'S EIGHT RECOVERY PRINCIPLES

The Road to Recovery Based on the Beatitudes

- R** Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. (Step 1) *"Happy are those who know that they are spiritually poor."*
- E** Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover. (Step 2) *"Happy are those how mourn, for they shall be comforted."*
- C** Consciously choose to commit all my life and will to Christ's care and control. (Step 3) *"Happy are the meek."*
- O** Openly examine and confess my faults to myself, to God, and to someone I trust. (Steps 4 and 5) *"Happy are the pure in heart."*
- V** Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects. (Steps 6 and 7) *"Happy are those whose greatest desire is to do what God requires"*
- E** Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others. (Steps 8 and 9) *"Happy are the merciful." "Happy are the peacemakers"*
- R** Reserve a time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will. (Steps 10 and 11)
- Y** Yield myself to God to be used to bring this Good News to others, both by my example and my words. (Step 12) *"Happy are those who are persecuted because they do what God requires."*